

Breakthrough In Intuition Training

The Intuitive Heart Discovery Group is a new breakthrough in intuition training. It is based upon published research in peer review journals, that reveal how people naturally display intuitive gifts, without realizing it, when they care about someone or something. Caring creates an empathic connection that elicits intuition.

Acclaim for The Intuitive Heart by Henry Reed, Ph.D., and Brenda English

The Intuitive Heart Discovery Group is based on the above book.

"For those who wish a potent transformation, I invite you to open your body, mind, and heart to the wisdom of this marvelous book." - C. Norman Shedly, M.D., Ph.D., Founder, Shedly Wellness Center

"This book offers a guiding light that can last a lifetime—a heart-centered approach to intuition. This is a book that I have long awaited. It is based on wisdom that is grounded in years of both teaching and intuitive practice. While it focuses on the life of the soul, it is informed by solid scholarship. I highly recommend it!" - Jeffrey Mishlove, Ph.D., President, Intuition Network, Author of The Roots of Consciousness, Host of Thinking Allowed TV show

Location

Crystal Dragonfly's Den
145 Wall Street
Waynesville, NC 28786

Dates, Times, Cost

Mondays, 1 to 3 p.m.
Beginning April 21, 2008
Six Consecutive Weeks

\$10 per Session, Total Cost \$60

Due to small size of each class
to reserve your spot
please sign up by
April 14, 2008

For more information or to Sign Up



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or, for more information
www.creativespirit.net/intuitiveheart/h2.htm



The Intuitive Heart Discovery Group

Pat Clendenen
Facilitator

*The purpose of the heart is to know
yourself to be your individual self and
one with All. Edgar Cayce*



The Intuitive Heart Discovery Group

How to Trust Your Intuition For Guidance and Healing

The Intuitive Heart Discovery Group is under the mentorship of Henry Reed, Ph.D., Director of The Edgar Cayce Institute for Intuitive Studies at Atlantic University, Virginia Beach.

In a small group supportive atmosphere, we will discover our ability to invoke intuition intentionally, through using it in meaningful ways. We'll learn how to connect with inner guidance and we'll see how altruism, compassion and caring can open our hearts to abilities that enable us to connect with others in a helpful way.

***My heart suspects more than
mine eye can see. William
Shakespeare***

The Program

The Intuitive Heart Discovery Group is a unique small group training program for intuition development within a spiritual context. It is a series of safe and fun-filled exercises and guided discussions designed to help the participants discover their own inner knowing, not only about themselves, but all others as well.

- Learn a special breath meditation that will help you relax, tune into the flow of the life force, and connect you with your intuition.
- Learn a heart meditation that restores health and connects you with spiritual realities.
- Learn how to go on a spiritual journey to receive guidance from your Higher Self.
- Discover that you can remember your dreams (95% for sure!) and that you can dream true, demonstrating the telepathic power of your dreaming mind.
- Learn how to follow the energy stream of another person, to go on a spiritual journey for the sake of healing.
- Learn how to read the heart of another and develop your empathic intuition.

- Learn to use Edgar Cayce's favored method for channeling inspiration from your Higher Self.
- Receive a CD recording of three guided meditations.
- Receive a printed manual for the six week course.

The process gives immediate proof of our abilities and that we are all intimately connected. We receive confirmation that we can control and use our intuition to the good of ourselves and those whose lives we touch.

The spiritual context of the intuitive training is to improve intuition, not for individuals to "get ahead" in the world, but for individuals to become "in harmony" with each other and the world.

The training prepares the individual to grow into awareness of interconnectedness while simultaneously enhancing the feeling of individuality.

***Your vision will become clear
only when you can look into
your own heart. Carl Jung***