



January 3, 2012

To Whom It May Concern:

It is a pleasure to write this letter of introduction and reference for my friend Dr. Henry Reed.

I have known Henry for nearly a decade, since attending a weeklong workshop in Sedona, Arizona, in 2002, for which Henry was the primary facilitator. The workshop was seminal, and in many ways, life changing. It opened me, a left-brained mathematician and scientist, to a greater appreciation for the power of intuition. I was drawn to the workshop after having read Henry's groundbreaking book (with Brenda English) *The Intuitive Heart*.

Henry is one-of-a-kind, and so ordinary descriptions fail.

First of all, he is a brilliant academician, who taught in Princeton University's Psychology Department in the early 1970s after earning his doctorate in psychology from UCLA in 1970.

Henry is unorthodox, and for that reason, his career at Princeton was short-lived. Having benefitted from a healing dream as an undergraduate, Henry plunged with gusto into dream research at Princeton. However, the conventional approaches seemed too clinical and sterile for Henry, whose interest all along was in the wisdom of dreams to point the dreamer toward his or her highest authenticity. Princeton and Henry parted ways, and ever since Henry has made his livelihood as an independent experimental and transpersonal psychologist and therapist.

With Robert Van de Castle of the University of Virginia, Henry developed a group dream protocol, now known as the Dream Helper Ceremony (DHC). The history and practice of the DHC are described by Henry in an excellent article entitled "When Hearts are Joined: My Story of Exploring our Interconnectedness through Intuition" (*ReVision*, Vol. 31, No. 2, Spring 2010, and also available at Henry's website below). I have participated personally in the DHC six times and have found it to be a profound experience, so meaningful that I have sponsored DHC workshops on four occasions at James Madison University. All have been guided by Henry and offered to mixed groups comprised of honors students, university professors, and members of the wider Harrisonburg community. Evaluations from more than 120 participants indicate that the experience is almost universally positive. Some have found the DHC to be the most meaningful group experience of their entire lives. For his work with dreams, Henry has been called the father of the American dreamwork movement.

Dreams are but one aspect of intuition. Henry, a lifelong student of intuition, has developed many individual and group activities that evoke or enhance intuition for purposes of personal growth and

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creativity. I consider Henry to be a virtuoso of creativity. His blend of analytical and intuitive skills is unmatched by anyone else I know.

Henry is a teacher's teacher. As an educator, I take special delight in his workshops. He knows his audience, tunes the message accordingly, involves the participants, provides numerous activities to reinforce theoretical constructs, and gives all participants plenty to take home.

Henry is an artist who has published on the web a freely available "daily mandala" each and every day for the past seven years.

Henry is an author. His books include *Channeling Your Higher Self* and the aforementioned *The Intuitive Heart*, to which I resonated so deeply.

Finally, and perhaps most significantly, I consider Henry to be an academic shaman, the only such person I have met in a lifetime. In mythological contexts, the shaman is a wounded healer, for whom a physical or emotional wounding experience in early life is transmuted into insights of such depth that the shaman becomes healer to others. Shamans are common in aboriginal cultures, but rare in Western culture, where academics, of course, abound. But I know of just one academic shaman: Henry Reed. As I said, he is one of a kind.

At Henry's website <http://www.henryreed.com> you will find his vita and a wealth of information. You may also notice that the site has a certain New-Age flavor. Those most receptive to Henry's message and insights often include members of the Association for Research and Enlightenment (A.R.E, otherwise known as the Edgar Cayce Foundation) and self-professed New-Agers. My personal belief is that Henry's unique insights regarding intuition and transpersonal psychology have something to offer virtually everyone: the teacher, the student, the business executive, the counselor, the counselee, the young, the old, and the spiritual seeker. His wisdom deserves a much broader audience than it has generally reached.

Because I would like to see Henry's gifts more widely available in mainstream settings, I write this letter. Please consider sponsoring a creative Reed event. You will not be disappointed.

Sincerely yours,

A handwritten signature in cursive script that reads "C. David Pruett". The ink is dark and the signature is fluid and connected.

Dave Pruett
Professor of Mathematics